

# HELP IS AVAILABLE.

Crisis lines, counselors, treatments, and more.

## NATIONAL HOTLINES

- **Suicide and Crisis Lifeline**
  - Call 988
  - Online Chat: [988lifeline.org/chat](https://988lifeline.org/chat)
- **National Suicide Prevention Lifeline**
  - Call (800) 273-8255
  - For Veterans Crisis Line, press 1
- **Crisis Text Line**
  - Text 741741 to connect with a trained crisis counselor.
  - [crisistextline.org/](https://crisistextline.org/)

## NEVADA RESOURCES

- **HelpCrisis Response Team**
  - Call (702) 486-7865
  - [knowcrisis.com](https://knowcrisis.com)
- **Hope Means Nevada – Tools and Resources:**
  - [hopemeansnevada.org](https://hopemeansnevada.org)
- **American Foundation for Suicide Prevention – Nevada**
  - [afsp.org/chapter/nevada](https://afsp.org/chapter/nevada)
- **For a complete list of local resources visit:**
  - [nevada211.org/mental-health-services](https://nevada211.org/mental-health-services)