



GRATEFUL WHEN LIFE IS  
GOOD

## WHEN LIFE IS GOOD

“But giving thanks is a sacrifice that truly honors me. If you keep to my path, I will reveal to you the salvation of God!”

- Psalm 50:23

### GLORIFY HIM IN GOOD TIMES

Have you ever forgotten to say thanks? Perhaps children do this more than the rest of us, but we can also be guilty of not recognizing our blessings. The truth is, we have not come to all the good in our lives by our own hands. We have been given gifts and set on course by the God who made the universe and holds our stories in His hands. It's important to recognize who He is and all He has done.

At the heights, when life is going well, we stand on the promises, grace, and blessings of the one who made us and knows us best. To give thanks when times are good, focuses our eyes on the glory of God and away from ourselves and our own contribution. Gratefulness alone is a feeling, but an expression of thanks to God is worship.

“Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. For the Lord is good. His unfailing love continues forever, and his faithfulness continues to each generation.”

- Psalm 100:4-5

### HE IS FAITHFUL

So according to Psalm 100, how should we enter into the presence of God?  
How can we remain close and draw near to Him?

Try this: Remember out loud everything He has done. When you are grateful, say it. Repeat it. Celebrate it! Rehearse His goodness in your mind. Though, today all is well, hardship will come another day. So, let's practice gratitude out loud NOW, so that when those moments come, we can more confidently remember the goodness that God brings to our lives. His love endures when all is well and when times are hard.  
He is the God of it all.

## REFLECTION

Call to mind, make a list, share with a friend...

How have you seen the goodness of God displayed in your life?  
Help yourself each day to remember His faithfulness – leave post it notes around your house or workspace or try putting a daily notification on your phone to stop and remember - even if for just a moment how faithful God has been.

## PRAY

God, I thank you. For your enduring love. For your goodness in my life. For all the blessings you have given me. Help me to come into your presence with thanksgiving and praise in every season. You are good. You are enough. I am grateful. Amen.



AMEN

