Statement: The names listed below are counselors and other resources which Canyon Ridge endorses on the basis that they are Christians and desire to help people become healthy; emotionally and mentally, while moving them towards spiritual growth.

Rasheda Anderson, LCPC

**Mustard Seed Counseling Center** P: 702.417.1366

1515 E. Tropicana Ave LV, NV 89119

<https://msccenter.org/>

Specialties:

Biblically based, individual, family, group, grief, and trauma

Chris Caldwell, MFT, M.A. COUNSELING

**Life Spring Counseling Center** P: 702.939.5433

6859 W. Charleston Blvd LV, NV 89117

<https://www.lifespringcounselingcenter.org/>

Specialties:

Co-dependency, communication, conflict, individuals, marital/couples, mood disorders, men’s issues, and sexuality

Nancy Caldwell, LCSW

**Life Spring Counseling Center**

6859 W. Charleston Blvd LV, NV 89117 P: 702.939.5433

<https://www.lifespringcounselingcenter.org/>

Specialties:

Childhood trauma (physical, sexual), family, work, foster care, adoption, marriage, women, depression

James Ellison, MS, PhD-C, LMFT-Intern, LCADC-Intern, MFT/CFTR

**Life Spring Counseling Center**

6859 W. Charleston Blvd LV, NV 89117 P: 702.939.5433

<https://www.lifespringcounselingcenter.org/>

Specialties:

Trauma; EMDR, Certified in Critical Incident Response for workplace violence, Certified Family Trauma Professional, Certified Clinical Trauma Professional levels I&II

Shonna Erickson, MFT, LADC, M.A. Psychology

**Steps For Success**

2764 Lake Sahara Dr. Suite 110 LV, NV 89117 P: 702.220.7386

<https://www.psychologytoday.com/us/therapists/shonna-erickson-las-vegas-nv/66960>

Specialties:

Marital issues, mood disorders, anger, anxiety, depression, co-dependency, obsessive/compulsive, addictions – alcohol, drugs, food, gambling, sexual, abuse – emotional, physical, sexual, EMDR

Emily Burggraf, LCSW

**Steps For Success**

2764 Lake Sahara Dr. Suite 110 LV, NV 89117 P: 702.776.9152 ext 1

https://www.psychologytoday.com/us/therapists/emily-burggraf-las-vegas-nv/52086

Specialties:

Anxiety, depression, co-dependency, abuse

Linda Ann Waggoner, MFT, LADC, Advanced EFT Training

**The Wellness Center at ICLV**

3425 Cliff Shadows Pkwy LV, NV 89129

<https://www.psychologytoday.com/us/therapists/linda-ann-waggoner-las-vegas-nv/120813>

Specialties:

Trained in Emotionally Focused Therapy for Marriages and Family Counseling, individual, PTSD – childhood to adulthood, teens, anxiety, depression, addictions, and co-dependency

Nichole Henderson, MS, MFCT-I, ADC-I

**Victorious Beginning, LLC**

9402 W. Lake Mead LV, NV 89134 P: 702.278.3622

[Victorious Beginnings – Specialized Faith-based Therapy & Wellness Designed to Strengthen & Build a Victorious Identity](https://victoriousbeginnings.com/)

Specialties:

Couples Christian counseling, pornography and sexual addictions, sex and intimacy Christian counseling, anxiety, and depression, grief and loss, sexual abuse/sex trafficked survivors, parenting (Love and Logic), group counseling

Jimmy Monaghan, NCC, CCMHC, ACS, CCTP, LPC, LAC, CPC, LCADCM LCADC-S

**Rise Consulting and Counseling, LLC**

Riseupnevada.com P: 702.389.0024

Specialties:

Relationship therapy, adolescent issues and substance abuse counseling and interventions. Solution focused, strength based, reality therapy and Cognitive Behavioral Therapy.

Additional Resources:

**Coach4Life with Karen Williams**

A Life Coaching service that helps to identify and define goals, then helps to charts a plan to accomplish them. What to expect when working with a coach: *Clarity*, *Accountability*, and *Results*.

Services:

Pre-marital coaching, Marriage coaching, Relationship coaching, Routine Life coaching

[Coach4Life | Marriage, Premarital, Life and Relationship Coaching (coach4lifellc.com)](https://coach4lifellc.com/)

**Grace Marriage @ Home:**

This resource is a pathway for continual growth in your marriage. Whether you’re newly marries or you’ve been married for decades, it takes grace and intentionality to have a thriving marriage. With Grace Marriage @ Home, you’ll get monthly video sessions, bonus bi-weekly content and access to members only communities. ***Don’t just coexist. Grow Together.***

Members of the Canyon Ridge Community can get a discount with promo code: CRCC

[Learn how to start building the marriage you've always wanted! (gracemarriageathome.com)](https://www.gracemarriageathome.com/about1)