STUDY THROUGH PSALMS

## WELCOME TO A STUDY THROUGH PSALMS!

By studying the Psalms, you can learn so much about God and His character. The Psalms are full of honest cries, joyful praise, and declarations of who He is. This journey through some of the Psalms will challenge you to look at God again with gratitude and awe for who He is.

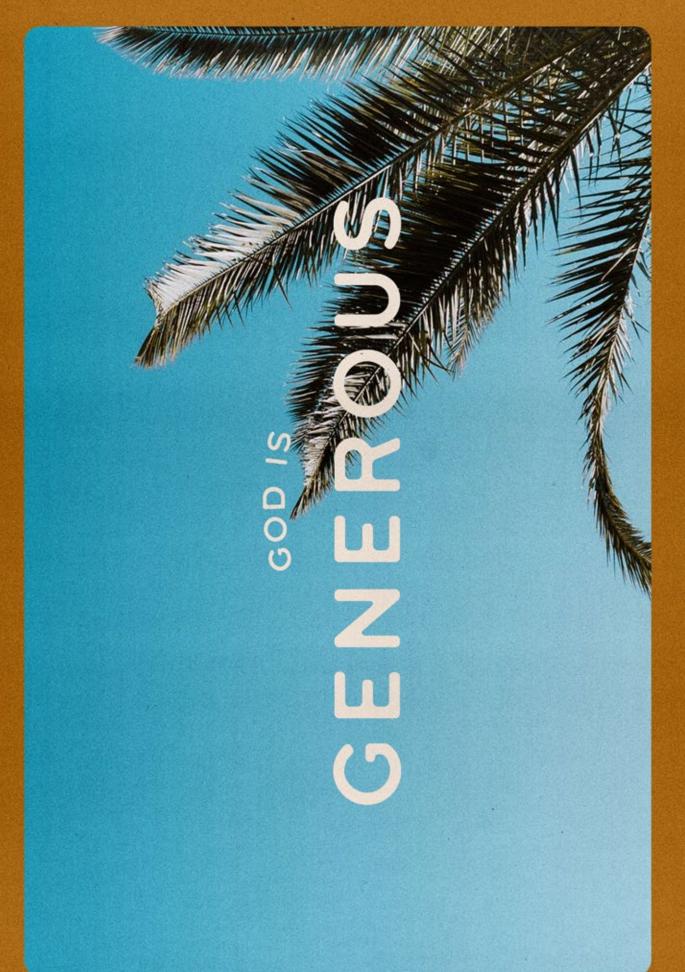
This study utilizes a method called the **Three-Column Study**. It's a simple, shareable tool that will help you discover, do, and share God's word on your own or alongside your people.

For more information on the Three-Column Study, a video tutorial on how to best utilize the Study, and a blank template to use in the future, visit canyonridge.org/studies.

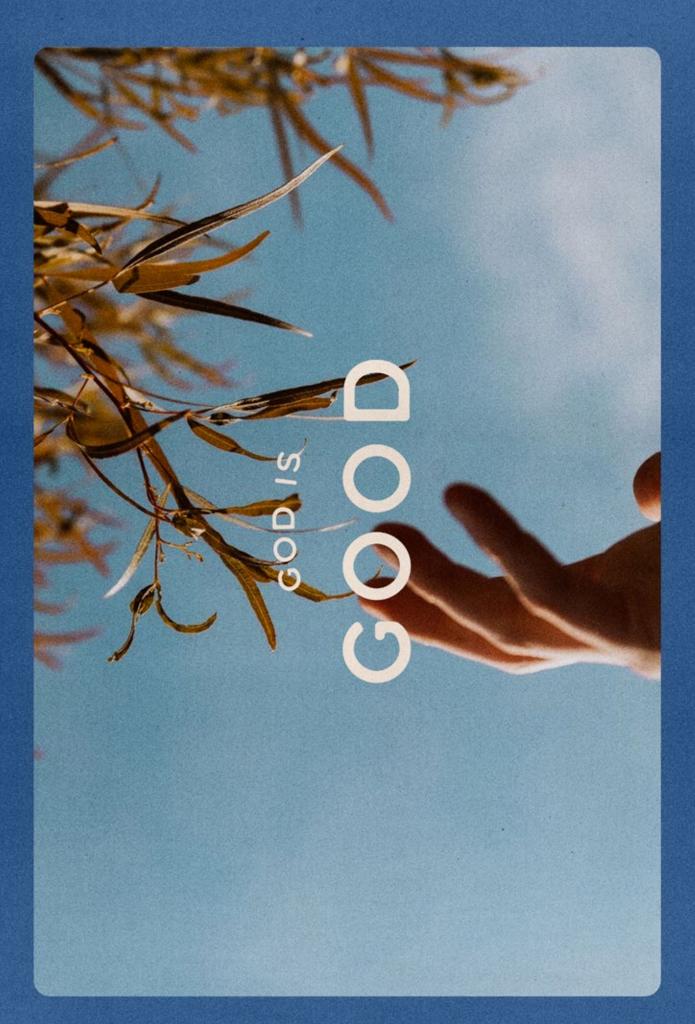


### HOW TO GO THROUGH THE THREE-COLUMN STUDY:

- Identify the passage you're going to study. Go to that passage and read it out loud in a couple of different translations!
- Write the Scripture word-for-word on the first column of your Three-Column sheet. While this might seem monotonous, you'll be amazed at what might stand out as you write it!
- 3. Re-write the Scripture in your own words in the second column. How would you say the verses in your own way? If you're doing this alongside others, share out loud what you wrote when everyone is done!
- 4. In the top of the third column, write what sticks out to you about the Scripture. What's important about the passage? What do you notice? Share that with the people around you!
- Take a moment to reflect on what you've discovered and noticed so far. Give space for God to speak to you.
- 6. In the bottom of the third column, write how you will obey the passage. What step of obedience will you take to do what God has said? Share those with the people you're studying with, and commit to praying for one another as you walk in obedience!



| WRITE THE PASSAGE AS IT IS<br>IN SCRIPTURE. | REWRITE THE PASSAGE IN YOUR OWN WORDS. | WHAT DO YOU NOTICE FROM<br>THIS PASSAGE? |
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**PSALM 33:4-11** 

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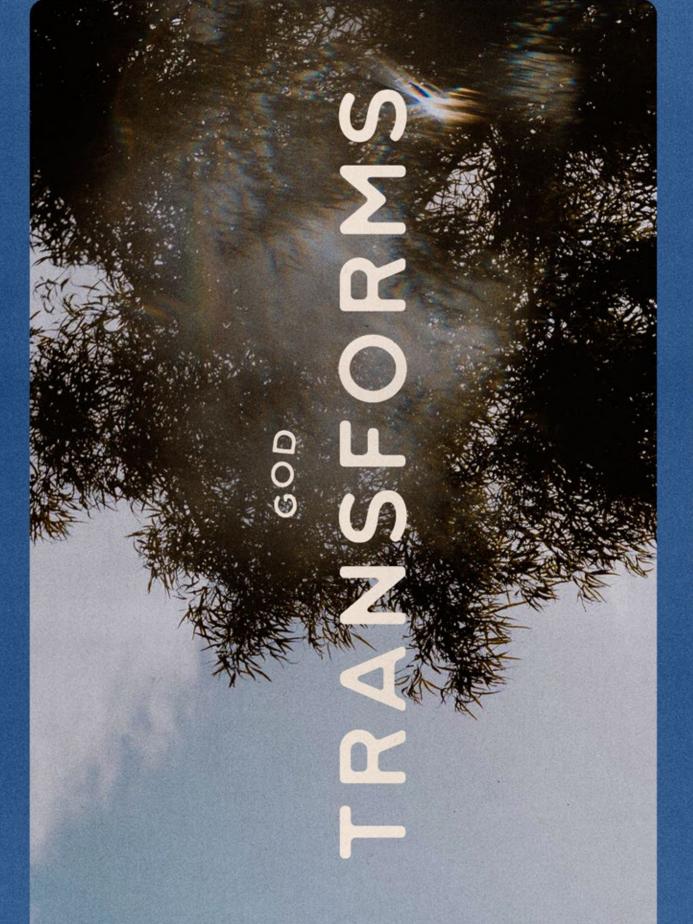
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PSALM 103:10-18

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| WHAT DO YOU NOTICE FROM<br>THIS PASSAGE?    |  | IN THE NEXT 47 HOURS I WILL |  |  |  |  |
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| REWRITE THE PASSAGE IN YOUR OWN WORDS.      |  |                             |  |  |  |  |
| WRITE THE PASSAGE AS IT IS<br>IN SCRIPTURE. |  |                             |  |  |  |  |



## **PSALM 116:1-9**

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# SELF-SACRIFICING GOD IS

**PSALM 22:1-10** 

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## Congratulations on completing this Study Through Psalms!

Keep going! Discovering more about who God is doesn't stop here. The great thing about the Three-Column Study is that you can use it with any passage of scripture! Find a friend or two and make plans to continue studying together.

You can find more studies to help you on your journey at **canyonridge.org/studies**.

Scan this QR Code to find a new study to go through together!







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