



STUDY
THROUGH
PSALMS



WELCOME TO A STUDY THROUGH PSALMS!

By studying the Psalms, you can learn so much about God and His character. The Psalms are full of honest cries, joyful praise, and declarations of who He is. This journey through some of the Psalms will challenge you to look at God again with gratitude and awe for who He is.

This study utilizes a method called the **Three-Column Study**. It's a simple, shareable tool that will help you discover, do, and share God's word on your own or alongside your people.

For more information on the Three-Column Study, a video tutorial on how to best utilize the Study, and a blank template to use in the future, visit canyonridge.org/studies.

or scan the QR Code!



HOW TO GO THROUGH THE THREE-COLUMN STUDY:

1. Identify the passage you're going to study. Go to that passage and read it out loud in a couple of different translations!
2. Write the Scripture word-for-word on the first column of your Three-Column sheet. While this might seem monotonous, you'll be amazed at what might stand out as you write it!
3. Re-write the Scripture in your own words in the second column. How would you say the verses in your own way? If you're doing this alongside others, share out loud what you wrote when everyone is done!
4. In the top of the third column, write what sticks out to you about the Scripture. What's important about the passage? What do you notice? Share that with the people around you!
5. Take a moment to reflect on what you've discovered and noticed so far. Give space for God to speak to you.
6. In the bottom of the third column, write how you will obey the passage. What step of obedience will you take to do what God has said? Share those with the people you're studying with, and commit to praying for one another as you walk in obedience!



GOD IS

GENEROUS

PSALM 145:1-7

**WRITE THE PASSAGE AS IT IS
IN SCRIPTURE.**

**REWRITE THE PASSAGE IN YOUR
OWN WORDS.**

**WHAT DO YOU NOTICE FROM
THIS PASSAGE?**

IN THE NEXT 47 HOURS I WILL...

A photograph of a hand reaching up towards a branch of olive trees against a clear blue sky. The hand is positioned on the right side of the frame, with fingers slightly spread. The olive branches are on the left, with long, slender leaves and small olives. The background is a bright, clear blue sky. The overall mood is peaceful and hopeful.

GOD IS

GOOD

PSALM 34:3-10

**WRITE THE PASSAGE AS IT IS
IN SCRIPTURE.**

**REWRITE THE PASSAGE IN YOUR
OWN WORDS.**

**WHAT DO YOU NOTICE FROM
THIS PASSAGE?**

IN THE NEXT 47 HOURS I WILL...

A photograph of a person with long, dark, wavy hair, seen from the back, looking out at a bright blue sky filled with soft, white clouds. The person's hair is the central focus, framing the text.

GOD IS

TRUSTWORTHY

PSALM 33:4-11

A photograph of two hands, one from the left and one from the right, reaching towards each other against a clear blue sky. The hands are slightly out of focus, creating a sense of depth and longing. The overall mood is hopeful and spiritual.

GOD IS

LOVE

PSALM 103:10-18

GOD IS

HOLY

PSALM 99:1-5



**WRITE THE PASSAGE AS IT IS
IN SCRIPTURE.**

**REWRITE THE PASSAGE IN YOUR
OWN WORDS.**

**WHAT DO YOU NOTICE FROM
THIS PASSAGE?**

IN THE NEXT 47 HOURS I WILL...



GOD

TRANSFORMS

PSALM 116:1-9

**WRITE THE PASSAGE AS IT IS
IN SCRIPTURE.**

**REWRITE THE PASSAGE IN YOUR
OWN WORDS.**

**WHAT DO YOU NOTICE FROM
THIS PASSAGE?**

IN THE NEXT 47 HOURS I WILL...

GOD IS

SELF-SACRIFICING

PSALM 22:1-10

**WRITE THE PASSAGE AS IT IS
IN SCRIPTURE.**

**REWRITE THE PASSAGE IN YOUR
OWN WORDS.**

**WHAT DO YOU NOTICE FROM
THIS PASSAGE?**

IN THE NEXT 47 HOURS I WILL...

STUDY THROUGH PSALMS

Congratulations on completing this Study Through Psalms!

Keep going! Discovering more about who God is doesn't stop here. The great thing about the Three-Column Study is that you can use it with any passage of scripture! Find a friend or two and make plans to continue studying together.

You can find more studies to help you on your journey at canyonridge.org/studies.

Scan this QR Code to find a new study to go through together!





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